

# American School Of Martial Arts Burbank Inc

## Belt Requirements - Juniors

These are minimum measurements based on 70% attendance. This is not a contract to test. Your test date will be determined between you and your instructor and will occur when he/she believes you are ready. Sometimes for whatever reason, it may take a little longer. Private lessons can be used to make up missed lessons to stay on track

### Yellow Belt

- 10 lessons (6 weeks)
- Warm Ups
- Animals: 5
- Wrist Escapes: 10
- Phase: 1
- **Test fee: \$35**

### Orange Belt

- 20 lessons (3 months)
- Warm Ups and Kicks
- Animals: 10
- Wrist Escapes: All
- 7 Hapkido Basics: 3
- Phase: 2
- **Test fee: \$40**

### Blue Belt

- 40 lessons (6 months)
- Warm Ups and Kicks
- Animals: 20
- Wrist Escapes: All
- 7 Hapkido Basics: All
- Phase: 3
- **Test fee: \$45**

### Green Belt

- 60 lessons (9 months)
- Warm Ups, Kicks, Angles
- Animals: 35
- Wrist Escapes: All
- 7 Hapkido Basics: All
- Hapkido Takedowns: 2
- Phase: 4
- **Test fee: \$60**

### Brown Belt

- 80 lessons (1 year)
- Warm Ups, Kicks, Angles
- Animals: 45
- Forms: 1
- Wrist Escapes: All
- 7 Hapkido Basics: All
- 5 Hapkido Escapes: All
- Hapkido Takedowns: 5
- Phase: 5
- **Test fee: \$75**

### Brown Belt (Stripe)

- 125 lessons (18 months)
- Warm Ups, Kicks, Angles
- Animals: 60
- Forms: 2
- Wrist Escapes: All
- 7 Hapkido Basics: All
- 5 Hapkido Escapes: All
- Hapkido Takedowns: 10
- Phase: 6
- **Test fee: \$75**

### Red Belt

- 160 lessons (2 years)
- Warm Ups, Kicks, Angles
- Animals: All
- Forms: 4
- Wrist Escapes: All
- 7 Hapkido Basics: All
- 5 Hapkido Escapes: All
- Hapkido Takedowns: 15
- One Hand Set
- **Test fee: \$100**

### Junior Red/Black Belt

- 250 lessons (3 years)
- Warm Ups, Kicks, Angles
- Animals: All (both sides)
- Forms: 8
- Wrist Escapes: All
- 7 Hapkido Basics: All
- 5 Hapkido Escapes: All
- Hapkido Takedowns: 20
- One Hand Set
- 7-Step Hand Set
- **Test fee: \$125**

### Jr. Black Belt

- 330 lessons (4 years)
- Warm Ups, Kicks, Angles
- Animals: All (both sides)
- Forms: 12
- Wrist Escapes: All
- 7 Hapkido Basics: All
- 5 Hapkido Escapes: All
- Hapkido Takedowns: 30
- One Hand Set
- Two Hand Set
- **Test fee: \$125**

.... And any other concept/  
technique/philosophy that  
may be required.